

## ARTIFICIAL INTELLIGENCE BASED BYZANTINE FAULT TOLERANCE CONSENSUS ALGORITHM FOR HEALTH CARE MONITORING SYSTEM

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### ABSTRACT

The rapid advancement of Internet of Things (IoT) and distributed computing has created unprecedented opportunities for real-time healthcare monitoring systems. However, these distributed systems face significant challenges related to fault tolerance, data integrity, and Byzantine failures — conditions where nodes may behave arbitrarily or maliciously, compromising the reliability of critical patient health data. This paper proposes a novel Artificial Intelligence Based Byzantine Fault Tolerance (AI-BFT) consensus algorithm specifically designed for healthcare monitoring systems. The proposed framework integrates machine learning-driven anomaly detection with a modified Practical Byzantine Fault Tolerance (PBFT) protocol to identify and isolate faulty or malicious nodes in real time. The AI component employs a Long Short-Term Memory (LSTM) neural network to model normal sensor behavior and detect deviations indicative of Byzantine faults. Experimental evaluations conducted on a simulated IoT-based healthcare network demonstrate that the AI-BFT algorithm achieves a fault detection accuracy of 97.4%, reduces consensus latency by 34% compared to classical PBFT, and maintains system availability above 99.2% under Byzantine fault conditions involving up to 33% faulty nodes. The proposed system provides a robust, scalable, and intelligent solution for ensuring data integrity and reliability in life-critical healthcare monitoring environments.

**Keywords:** *Byzantine Fault Tolerance, Artificial Intelligence, Healthcare Monitoring, IoT, Consensus Algorithm, LSTM, PBFT, Distributed Systems, Anomaly Detection*

### 1. INTRODUCTION

The integration of Internet of Things (IoT) devices into healthcare systems has transformed the landscape of patient monitoring, enabling continuous, real-time collection of vital signs such as heart rate, blood pressure, body temperature, oxygen saturation, and blood glucose levels. These distributed healthcare monitoring systems (DHMS) rely on a network of sensor nodes, edge computing devices, and cloud infrastructure to gather, process, and transmit patient data to medical professionals and automated alert systems [1].

Despite their immense potential, distributed healthcare monitoring systems are inherently vulnerable to a class of failures known as Byzantine faults — a scenario in which individual nodes within the network behave in an arbitrary, unpredictable, or even malicious manner. Byzantine faulty nodes may send inconsistent, corrupted, or fabricated data to different parts of the system, making it extremely difficult to achieve consensus on the true state of a patient's health. In life-critical environments, even a single undetected Byzantine fault can have catastrophic consequences, potentially leading to misdiagnosis, missed emergency alerts, or inappropriate treatment decisions [2].

Traditional Byzantine Fault Tolerance (BFT) consensus algorithms, most notably Practical Byzantine Fault Tolerance (PBFT), were designed for general distributed systems and exhibit several limitations when applied to healthcare IoT environments. These include high message complexity of  $O(n^2)$ , poor scalability as the number of nodes increases, inability to adapt dynamically to changing network conditions, and lack of intelligent distinction between genuine sensor anomalies and Byzantine node behavior [3].

Artificial intelligence and machine learning techniques have demonstrated remarkable capabilities in pattern recognition, anomaly detection, and predictive modeling across numerous domains including healthcare. The convergence of AI with distributed consensus mechanisms presents a promising avenue for addressing the limitations of existing BFT protocols. By incorporating machine learning models that understand the expected behavior of sensor nodes and physiological patterns, it becomes possible to proactively identify Byzantine faults before they propagate through the system and compromise data integrity [4].

This paper makes the following key contributions to the field:

- A novel AI-BFT consensus framework that integrates LSTM-based anomaly detection with a modified PBFT protocol for healthcare IoT networks.
- An adaptive node trust scoring mechanism that dynamically adjusts the weight given to sensor readings based on historical reliability and AI-assessed behavioral consistency.
- A lightweight pre-consensus filtering stage that reduces unnecessary message exchanges by up to 40%, improving scalability for large-scale deployments.
- Comprehensive experimental evaluation demonstrating superior performance over classical PBFT and recent BFT variants in terms of fault detection accuracy, consensus latency, and system throughput.

The remainder of this paper is organized as follows: Section 2 reviews related literature. Section 3 describes the system model and threat assumptions. Section 4 presents the proposed AI-BFT algorithm in detail. Section 5 discusses experimental setup and results. Section 6 analyzes performance comparisons. Section 7 addresses limitations and future directions, and Section 8 concludes the paper.

## 2. RELATED WORK

### 2.1 Byzantine Fault Tolerance in Distributed Systems

The Byzantine Generals Problem, first formalized by Lamport, Shostak, and Pease [5], established the theoretical foundation for fault-tolerant consensus in the presence of arbitrary failures. Their seminal work demonstrated that a distributed system can tolerate up to  $f$  Byzantine faults if it has at least  $3f+1$  nodes. Practical Byzantine Fault Tolerance (PBFT), introduced by Castro and Liskov [6], was the first efficient BFT protocol suitable for asynchronous systems, achieving  $O(n^2)$  message complexity per consensus round. While PBFT represented a significant advance, its quadratic message complexity limits scalability beyond small-to-medium sized networks.

Subsequent improvements to BFT have followed several directions. Zyzzyva [7] introduced speculative execution to reduce message overhead in fault-free scenarios, while Tendermint [8] applied BFT principles to blockchain-based consensus. HotStuff [9] achieved linear communication complexity through a chained three-phase protocol, representing a major theoretical advance. However, none of these protocols were designed with healthcare IoT constraints in mind, particularly

the need to distinguish between genuine physiological anomalies and malicious node behavior.

## **2.2 AI and Machine Learning in Healthcare IoT**

Machine learning has been extensively applied to healthcare monitoring tasks including arrhythmia detection [10], sepsis prediction [11], and fall detection [12]. LSTM networks in particular have shown strong performance in modeling temporal physiological time-series data due to their ability to capture long-range dependencies [13]. Federated learning approaches have been proposed for privacy-preserving healthcare analytics [14], while reinforcement learning has been explored for adaptive resource management in healthcare networks [15].

## **2.3 AI-Enhanced Fault Tolerance**

The application of machine learning to improve fault tolerance in distributed systems is an emerging research area. Wang et al. [16] proposed using neural networks to predict node failures in cloud computing environments, achieving 89% prediction accuracy. Li et al. [17] combined deep learning with consensus protocols for industrial IoT, though their approach did not address Byzantine faults specifically. Zhang et al. [18] applied reinforcement learning to dynamically select BFT protocols based on network conditions, demonstrating adaptability improvements but without integration with domain-specific behavioral models. To the best of our knowledge, no prior work has proposed an AI-integrated BFT consensus mechanism specifically designed and evaluated for real-time healthcare monitoring systems.

# **3. SYSTEM MODEL AND THREAT ASSUMPTIONS**

## **3.1 Network Architecture**

The proposed system operates on a three-tier architecture comprising: (i) the Sensor Layer, consisting of wearable and environmental IoT sensors collecting patient vital signs; (ii) the Edge Layer, comprising edge computing nodes that perform local preprocessing, AI inference, and consensus participation; and (iii) the Cloud Layer, providing centralized storage, long-term analytics, and physician-facing dashboards. The consensus protocol operates primarily at the Edge Layer, where  $n$  edge nodes must agree on the validity and value of sensor readings before they are recorded or trigger medical alerts.

## **3.2 Fault Model**

We adopt the standard Byzantine fault model wherein up to  $f$  nodes may be faulty, with the constraint  $n \geq 3f+1$ . Faulty nodes may exhibit any arbitrary behavior including sending incorrect sensor values, refusing to participate in consensus, sending conflicting messages to different peers, or selectively delaying messages. We distinguish between two categories of faulty behavior: (i) Crash faults, where a node simply stops responding, and (ii) Byzantine faults, where a node actively sends incorrect or conflicting information. The AI component of our framework is specifically designed to detect the latter category.

## **3.3 Threat Assumptions**

We assume an asynchronous network model where message delivery is not guaranteed within a fixed time bound. The system assumes a Public Key Infrastructure (PKI) for authentication of messages between nodes. We do not assume the existence of a trusted central authority during consensus. The adversary is assumed to be computationally bounded and unable to break standard cryptographic primitives. At most  $f < n/3$  nodes may be Byzantine at any given time.

# **4. PROPOSED AI-BFT ALGORITHM**

### 4.1 System Overview

The AI-BFT framework consists of four integrated components: (1) the LSTM Behavioral Model for individual node anomaly scoring, (2) the Adaptive Trust Management module for maintaining dynamic node reputation scores, (3) the Pre-Consensus Filtering stage for early Byzantine node isolation, and (4) the Modified PBFT Core for final consensus achievement.

### 4.2 LSTM-Based Anomaly Detection

Each edge node maintains a local LSTM model trained on historical sensor data for the patient(s) it monitors. The LSTM model takes as input a sliding window of  $w = 50$  consecutive time-step readings across  $k$  physiological parameters (e.g., heart rate, SpO<sub>2</sub>, blood pressure, temperature) and outputs a predicted value for the next time step. The anomaly score  $A(t)$  for a sensor reading at time  $t$  is computed as:

$$A(t) = \|x(t) - \hat{x}(t)\|_2 / \sigma(t)$$

where  $x(t)$  is the observed reading,  $\hat{x}(t)$  is the LSTM prediction, and  $\sigma(t)$  is the rolling standard deviation of prediction errors. Readings with  $A(t) > \theta_{\text{anomaly}}$  are flagged for further evaluation before entering the consensus phase.

### 4.3 Adaptive Trust Management

Each node  $i$  maintains a trust score  $T(i) \in [0, 1]$  for every peer node  $j$ , updated after each consensus round according to:

$$T_{\text{new}}(i,j) = \alpha \cdot T_{\text{old}}(i,j) + (1 - \alpha) \cdot C(i,j)$$

where  $\alpha \in [0,1]$  is a decay factor (empirically set to 0.85) and  $C(i,j) \in \{0,1\}$  indicates whether node  $j$ 's contribution was consistent with the consensus outcome. Nodes with  $T(i,j) < \theta_{\text{trust}} = 0.4$  are classified as potentially Byzantine and their votes are weighted accordingly in the consensus phase.

### 4.4 Pre-Consensus Filtering Stage

Before initiating the standard PBFT three-phase protocol, the primary node broadcasts a pre-consensus request. Each replica responds with its sensor reading along with an attached anomaly score from its local LSTM model. The primary node applies a Byzantine filter that excludes nodes meeting any of the following criteria: anomaly score exceeding  $\theta_{\text{anomaly}}$ , trust score below  $\theta_{\text{trust}}$ , or reported value deviating by more than 3 standard deviations from the trimmed mean of all received values. This filtering stage reduces the active participant set to  $n' \leq n$  nodes, significantly reducing subsequent message complexity.

### 4.5 Modified PBFT Consensus

The filtered participant set then executes a modified three-phase PBFT protocol: Pre-Prepare, Prepare, and Commit. Key modifications include: (i) weighted voting where each node's vote carries weight proportional to its trust score, (ii) parallel processing of anomaly scoring during the Prepare phase to overlap computation with communication, and (iii) an adaptive view-change timeout that dynamically adjusts based on current network latency estimates. The consensus value  $V^*$  is determined by the weighted median of committed values from non-filtered nodes.

Phase	Action	Message Complexity	AI Component
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Pre-Filtering	LSTM scoring + trust check	$O(n)$	LSTM Anomaly Detection
Pre-Prepare	Primary broadcasts request	$O(n)$	None
Prepare	Replicas broadcast prepare	$O(n^2) \rightarrow O(n'^2)$	Trust Weighting
Commit	Replicas broadcast commit	$O(n^2)$	Weighted Median
Post-Round	Trust score update	$O(n')$	Trust Management

**Table 1: Phase-wise Description of the AI-BFT Algorithm**

## 5. EXPERIMENTAL EVALUATION

### 5.1 Experimental Setup

Experiments were conducted using a simulated healthcare IoT network implemented in Python 3.10 using the SimPy discrete-event simulation library. The network comprised  $n = 16$  edge nodes (tolerating up to  $f = 5$  Byzantine faults) monitoring simulated patient vital signs derived from the MIMIC-III clinical database [19]. Sensor readings were generated at 1-second intervals for heart rate (40-180 bpm), SpO<sub>2</sub> (85-100%), systolic blood pressure (70-200 mmHg), and body temperature (35-42°C). Byzantine faults were injected by randomly selecting  $f$  nodes and programming them to send values drawn from a uniform distribution over the physiological range. All experiments were averaged over 50 independent simulation runs of 3600 seconds each.

The LSTM model consisted of 2 stacked LSTM layers with 64 hidden units each, trained on 30 days of simulated clean patient data, with a sliding window of  $w = 50$  time steps. Training was performed offline before deployment. Comparison was made against classical PBFT [6], Zyzzyva [7], and a recent AI-enhanced variant (AI-PBFT) [18].

### 5.2 Fault Detection Performance

Table 2 presents the fault detection performance of the proposed AI-BFT system under varying Byzantine fault injection rates. The system demonstrates consistently high detection accuracy even as the proportion of faulty nodes approaches the theoretical maximum of 33%.

Faulty Nodes (%)	Precision (%)	Recall (%)	F1-Score (%)	Detection Latency (ms)
10% (n=2)	98.6	97.1	97.8	42
20% (n=3)	97.9	96.8	97.3	48
25% (n=4)	97.4	96.2	96.8	53
33% (n=5)	96.1	95.7	95.9	61

**Table 2: Fault Detection Performance at Varying Byzantine Fault Rates**

### 5.3 Consensus Latency

Consensus latency was measured as the time elapsed from initial sensor reading broadcast to final committed consensus value. As shown in Table 3, AI-BFT achieves significantly lower latency than classical PBFT due to the pre-filtering stage reducing active participant count, while also outperforming AI-PBFT due to the parallel anomaly scoring pipeline.

Algorithm	Latency (ms) — 0% Faults	Latency (ms) — 20% Faults	Latency (ms) — 33% Faults	Throughput (tx/s)
Classical PBFT	112	189	347	89
Zyzyva	94	201	412	103
AI-PBFT [18]	98	156	298	118
AI-BFT (Proposed)	74	125	231	156

**Table 3: Consensus Latency and Throughput Comparison Across Algorithms**

### 5.4 System Availability

System availability was defined as the percentage of time the monitoring system could successfully produce a committed consensus value within 500ms (the maximum acceptable latency for critical health alerts). AI-BFT maintained availability of 99.2% even at the maximum fault rate of 33%, compared to 97.1% for classical PBFT and 98.3% for AI-PBFT. The improved availability is attributed to the trust-based weighted voting mechanism, which ensures that even partial Byzantine behavior does not stall the consensus process.

## 6. PERFORMANCE ANALYSIS AND DISCUSSION

The experimental results demonstrate several key advantages of the proposed AI-BFT framework. First, the LSTM-based pre-filtering stage successfully reduces the active consensus participant set by an average of 28% in fault-free scenarios (by filtering genuine physiological anomalies from the consensus process) and by 41% in maximum fault scenarios, directly translating to reduced message complexity and latency.

The adaptive trust management mechanism proves particularly valuable in detecting slow Byzantine attacks, where faulty nodes initially behave correctly before gradually degrading. In simulated slow-attack experiments, AI-BFT detected the transition within an average of 87 consensus rounds, compared to 312 rounds for threshold-based detection methods. This improvement stems from the continuous LSTM re-evaluation of node behavior combined with the exponential moving average trust update.

The weighted median commitment strategy provides robustness against value-tampering Byzantine attacks. Unlike classical PBFT which uses a simple majority vote among identical values, weighted median aggregation tolerates faulty nodes reporting values biased toward physiological extremes,

ensuring the committed value remains within clinically plausible ranges.

A limitation observed during analysis is that the LSTM model's anomaly detection performance degrades during genuine physiological crises (e.g., sudden cardiac events), as the sharp deviation from normal patterns may be mistakenly flagged as Byzantine behavior. Section 7 addresses mitigation strategies for this challenge.

## 7. LIMITATIONS AND FUTURE WORK

### 7.1 Current Limitations

While the proposed AI-BFT framework demonstrates significant improvements over existing approaches, several limitations must be acknowledged. The LSTM model requires a sufficient training data period (minimum 7 days recommended) before deployment, making it unsuitable for immediately monitoring newly admitted patients without prior physiological history. Cold-start strategies using population-level baseline models are a subject of ongoing investigation.

The framework assumes a static network topology where the set of participating edge nodes is known in advance. Dynamic node joining and leaving, common in real-world healthcare deployments with mobile edge devices, requires additional mechanisms for trust initialization and consensus view reconfiguration. Furthermore, the current implementation assumes synchronous sensor sampling rates; heterogeneous sampling across different vital signs introduces challenges for the temporal alignment of the LSTM input window.

The security analysis presented assumes a Byzantine adversary who acts independently at each faulty node. Coordinated Byzantine attacks where multiple faulty nodes collude to systematically mislead the trust scoring mechanism represent a more sophisticated threat model that deserves dedicated investigation.

### 7.2 Future Directions

- Integration of federated learning to enable collaborative LSTM model training across multiple hospital deployments without sharing raw patient data, addressing privacy concerns while improving model generalization.
- Extension of the trust model to account for environmental factors such as sensor hardware degradation, network congestion, and time-of-day physiological patterns that may cause legitimate deviations.
- Development of a formal security proof for the proposed AI-BFT protocol under the standard asynchronous Byzantine adversary model, establishing theoretical safety and liveness guarantees.
- Investigation of lightweight transformer-based architectures as alternatives to LSTM for anomaly detection on resource-constrained edge devices with limited memory and computational capacity.
- Real-world pilot deployment in collaboration with a hospital network to validate simulation results under authentic clinical conditions and diverse patient populations.

## 8. CONCLUSION

This paper presented AI-BFT, a novel artificial intelligence based Byzantine Fault Tolerance consensus algorithm for distributed healthcare monitoring systems. By integrating LSTM-based anomaly detection with adaptive trust management and a modified PBFT protocol, the proposed framework addresses the fundamental challenge of achieving reliable consensus in the presence of

Byzantine faults within life-critical IoT environments.

Experimental evaluation demonstrated that AI-BFT achieves a fault detection accuracy of 97.4%, reduces consensus latency by approximately 34% compared to classical PBFT, and maintains system availability above 99.2% even when up to 33% of nodes exhibit Byzantine behavior. These results establish AI-BFT as a technically superior and practically viable solution for ensuring data integrity and reliability in healthcare monitoring networks.

The convergence of artificial intelligence and Byzantine fault tolerance represents a promising research frontier with broad implications beyond healthcare, including smart grids, autonomous vehicle coordination, and financial transaction systems. As IoT deployments in critical infrastructure continue to expand, intelligent, adaptive consensus mechanisms of the kind proposed in this work will become increasingly essential for ensuring the safety and trustworthiness of distributed systems.

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